

# The Wren **Issue 4 30th April 2021**



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#### Message from our Chief Officer

Hello everyone and welcome to April's edition of the Wren.

Our Editorial team have worked extremely hard and produced another page turner for us all to enjoy – well done Anna and the team.

Our new toilet block is finally finished but the building work continues so that we are all ready for when it is safe for everyone to return to the Workshops. We will continue to update you with all the news on this regularly.

Cooks' Corner seems to have a very chocolatey theme this month – we would love it if you could send in savoury recipes for the next edition please.

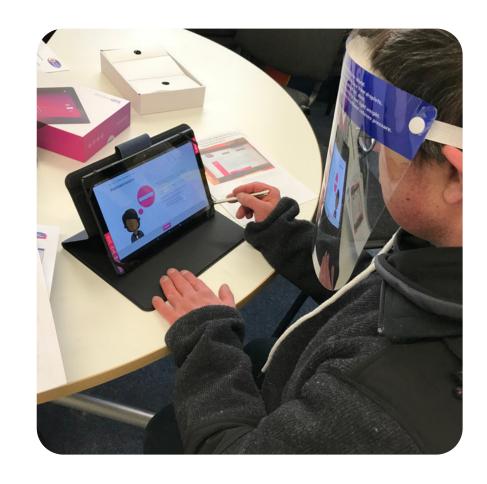
Until next time, stay safe.



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### **Feature of the Month** The Digital World

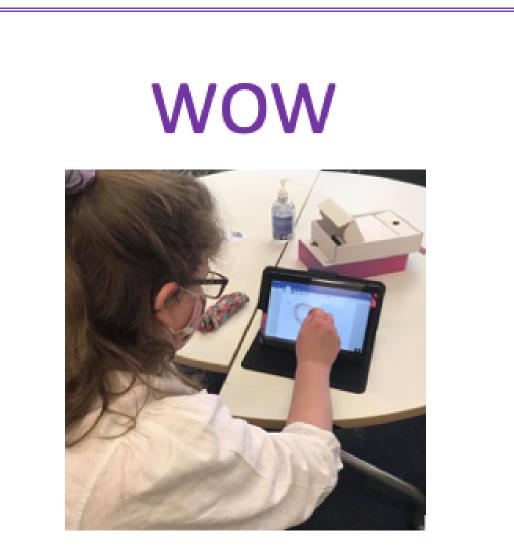


**Guest Editors:** Rebekah Evason, Victoria Thomis, Jamie Allen and Beth Evason

# Our Amazing WOW's

Every week we celebrate the incredible achievements of one of our workers. This month Annie, Ellen, Ryan, and Martin received Worker of the Week (WOW).





Ellen Hirst Worker of the Week 12<sup>th</sup> April 2021

- For learning how to use her new tablet
- For taking lots of photos on her new tablet
- For cheering us all up when she visits



### WOW



Ryan Hearfield Worker of the Week 19<sup>th</sup> April 2021

- For learning how to use his new tablet
- For all his drawings and contributions to the stories on the Friday zoom
- For joining the poetry zoom and helping write a poem about dogs



#### WOW



Martin Grainger Worker of the Week 26<sup>th</sup> April 2021

- · For always being well prepared for and contributing to the Thursday Zoom
- For his enthusiasm for learning to use his new tablet
- For participating in all the zooms



# Feature of the Month

## The Digital World

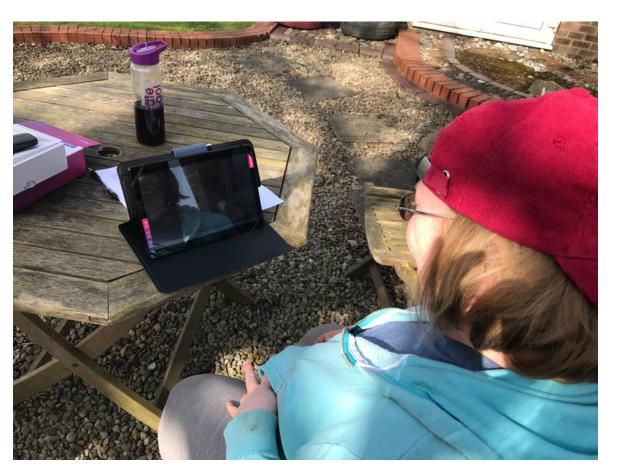
In March we were very lucky to receive 15 Lenovo tablets as part of the DCMS and Good Things Foundation's Digital Lifeline project. Our workers have spent the past couple of weeks learning how to use them.



Christopher's been joining in Zoom sessions.



Emma's being using her tablet to play Happy Colours and join our Zoom meetings.



### "I've been doing word searches on my tablet." – Victoria

Jamie's been using Colour by numbers, word searches, looking through the internet and he's been taking photos.

Daniel's our resident Weather Man so has been using the weather app on his tablet to give us the daily forecast.





"I like my jumping game because I'm good at it. I like the keyboard because I like the big letters because I can see them. I find the mouse quite useful to click with." – Lucy



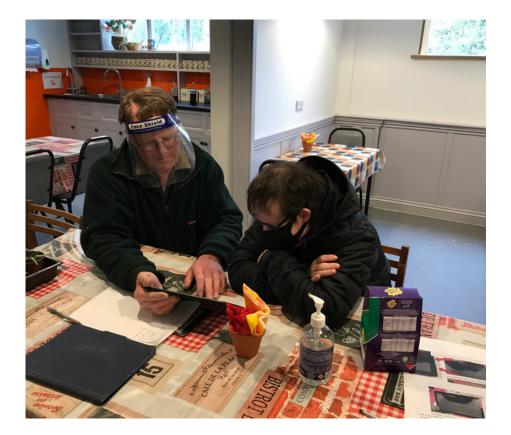
"I try to do Zoom and do my courses on Learn My Way. I've been doing keyboarding and personal safety. I do different things like watching videos" – Beth



"I like doing courses on it and playing happy colours. I listen to music aswell." – Annie







# Volunteers' Spotlight





Trixie has volunteered at JRW for the past few years and she has made such a difference to our beautiful garden area. Many of our workers, especially Andrew, have enjoyed working alongside Trixie and learning about caring for a garden. Trixie and her gardening crew have done a remarkable job carefully sowing seeds, pricking out and planting on, moving soil, creating flower beds and maintaining the vegetable planters as well as organising a composting area. Trixie has decided that the time has come to hang up her spade. We shall miss Trixie and her can-do attitude and seemingly endless energy and ideas. We look forward to seeing Trixie soon for a cup of tea and a relax in our garden.

- Denise



# Thank You

A big thank you Chris, Dave and the team at Aaztec for our fntastic new toilet cubicles.

Special thanks to David for all his hardwork in building the toilet



## block.

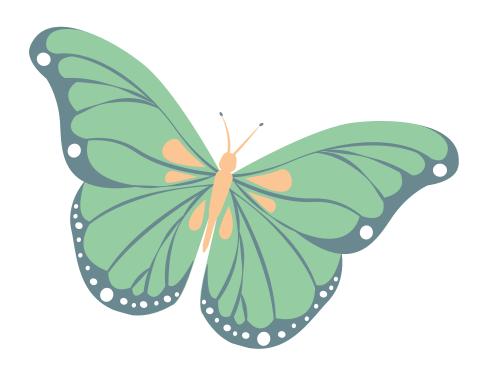
To everyone who has made a donation to Jennyruth Workshops this month we want to say a big thank you for your continued support and generosity!

# Garden Gnowledge

Jonathan has been busy planting herbs and flowers in his garden so wanted to give you a tour.



8.



### A spring poem by the gardening Zoom group

#### Spring



Spring is yellow with flowers, Daffodils, primroses and celandines. Spring is pale green as new buds open And the whole world comes alive. Spring is a symphony with bird song, Frogs croaking and lambs bleating. Spring is noisy as lawnmowers emerge And the wind rages through trees Spring is perfumed with the scent of flowers Newly cut grass, bonfires and fresh air. Spring feels cold with frosts and storms Then suddenly warm as the sun comes out And we find a sheltered spot for a cup of tea!

#### By Emma, Jonathan, Beth, Jamie, Christopher, Janet, Lindsay and Denise

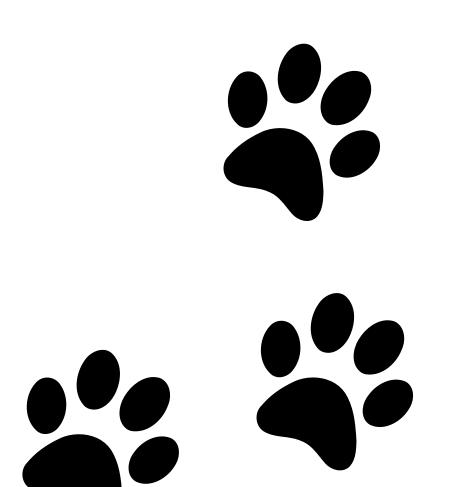


# Workers' World

Welcome to Workers' World. In this edition we have Jamie's Jokes, fun facts about dogs from Victoria and photos of Sunflowers that the workers have been growing.

# Fun Facts About Dog Breeds





1. They have 18 muscles in their ears.

2. Greyhounds can outrun a cheetah.

3. They don't sweat like we do.

4. Basenjis yodel instead of bark.

5. Their sense of smell is better than ours.

By Victoria Thomis

# Make Em Laugh with Jamie's Jokes

HAA

Which pudding is fruity and tasty but never stops complaining? Apple grumble

If there is a REFEREE in football and an UMPIRE in cricket, what do you get in bowls? Fruit

> Why is Britain so wet? Because the Queen has been reigning for year's

What do you call a wet and weedy spy? James Pond

What do you call a girl in a goal? Annette



# Let's hope these bring us sunshine

Thanks to the Morrisons Community Champions we've received several packets of Sunflower seeds. We've already started planting them but whose will grow the biggest?





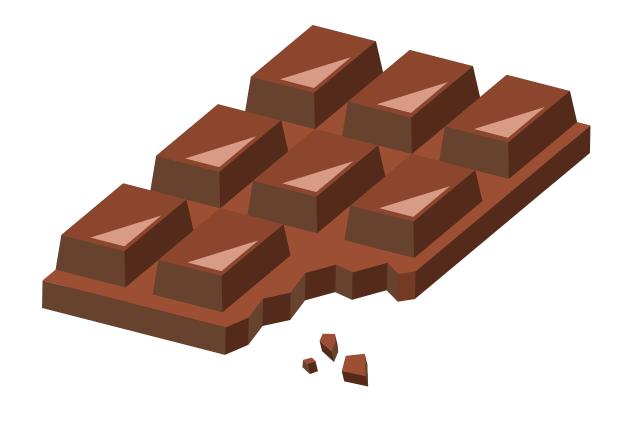






### Victoria's favourite Chocolate Chip Cookie Recipe

150g Self-Raising Flour 25g Cocoa Powder 110g Butter or Margarine 75g Soft Dark Brown Sugar 2 Tbsp Golden Syrup 110g Chocolate Chips 2 Tbsp Milk



- 1. Preheat oven to fan 160°C.
- 2. Grease 2 baking trays.
- 3. Sift the flour and cocoa together.
- 4. Cream butter and sugar until light and fluffy.
- 5. Stir in the syrup, flour, cocoa, chocolate chips and milk and mix well.
- 6. Place spoonfuls of the mixture on the prepared trays, flatten slightly and bake for 15–20 minutes.
- 7.Leave to cool for a cuple of minutes, then place cookies on a cooling track to cool.

### Rebekah's Chocolate Cupcake Recipe

#### For the Cupcakes

4 tbsp Boiling Water 40g Cocoa Powder 3 Free Range Large Eggs 175g Unsalted Butter (Softened) 165g Golden Caster Sugar 115g Self-raising White Flour 1 tsp Baking Powder

For the Buttercream 60g Unsalted Butter (Softened) 30g Cocoa Powder 3 tbsp Milk (Whole) 250g Icing Sugar



Step 1 Line a muffin tin with paper cases. Sift the cocoa powder into a bowl, pour in the boiling water and mix, into a thick paste. Add the remaining cake ingredients and mix with an electric hand whisk or beat with a wooden spoon.

**Step 2** Divide the mixture equally between the 12 cases. Bake in a preheated over at 200°C for about 12–15 mins until well risen and springy to the touch. Cool in the cases on a wire rack.

Step 3 To make the chocolate icing melt the butter and pour it into a bowl. Sift in the cocoa powder and stir in the icing sugar a little bit at a time to make a glossy and spreadable paste. If the icing is too dry, gradually add the milk until it reaches the desired consistency. Pipe over the cupcakes, sprinkle with chocolate decorations and leave to set before serving.
13.

### Denize's Chocolate Orange Brownie Recipe



225g Terry's Chocolate Orange/200g Dark Chocolate 250g Caster Sugar 2 Eggs 95g Plain Flour 30g Cocoa Powder 1 Tsp Salt 175g Butter

Melt 1/2 the chocolate. Chop the remaining 1/2 into chunks.
 Mix butter and sugar together then beat in the eggs.

- 3. Add cooled melted chocolate.
- 4. Sift in flour, cocoa powder and salt. Fold in carefully.
- 5. Fold in chocolate chunks.
- 6. Pour into lined 8" baking tray/brownie tin.
- 7.Bake 20/25minutes 180°c Gas 4.



# **Rainy Day Relaxation**

### April

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PIG OYSTERCATCHER PLATYPUS TORTOISE MOOSE LAMB SCORPION RHINOCEROS MAMOTH KOALA POLARBEAR FLAMINGO AARDVARK HERON KIWI LLAMA CHEETAH

GOAT

LEOPARD

PENGUIN

PANGOLIN

SNAKE

HYENA

FROG



15.

# Happy Birthday

April



Janet Slater Karen Taylor Steve Carrigan Terry Nicolson Linda Fergus Alex Arnall





Thanks again to Jamie for announcing the winners.



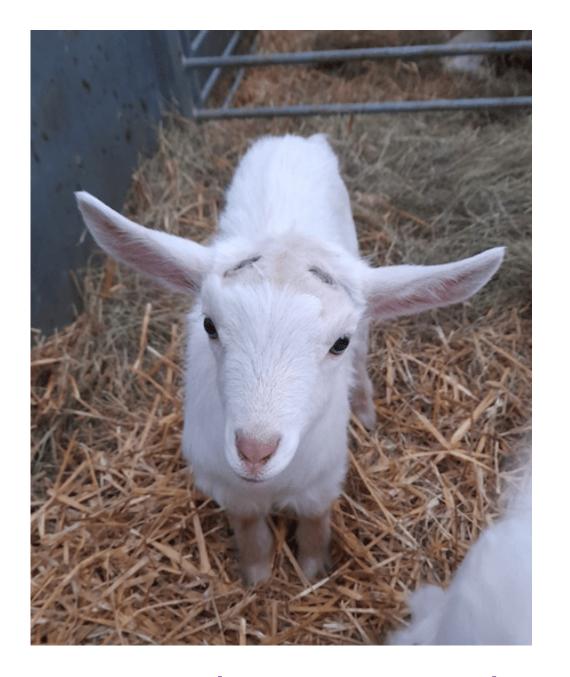
### 1st prize - No 55

### 2nd prize – No 91

**3rd prize - No 45** 



# And the Winner is.....





Congratulations to Alex Arnall for her choice of names.

Also congratulations go to the Runner Up.....Victoria Thomis. Catherine loved your choice of names too so they will be naming 2 lambs Sif and Thor.





You have both won the prize of a visit to Corn Close Care Farm. To arrange your visit, please email: Catherine at cornclosecarefarm@btinternet.com

## A message from Victoria



Jennyruth Workshops Unit 5, Red House Farm, Bridge Hewick Ripon North Yorkshire HG4 5AY

01765 606620



